Force Support Squadron Week Support Squadron Squa

Lajes Field Air Base

www.lajes.af.mil

www.lajesfss.com

July 10, 2012



65 FORCE SUPPORT SQUADRON HAPPENINGS

Pick up a copy of *ACCENTS* or go to www.lajesfss.com for more events and details. Please "*Refresh*".

Content in this section is provided by FSS. Comments regarding FSS Happenings can be addressed to Marketing & Publicity, **535-6324** or robin.burnard@lajes.af.mil.



HOT HAPPENINGS



PLAY ROUND THREE now through July 15!!

Grand: Two night stay for two (Terceira Mar Hotel) & Scuba Cert Course

Second:

- Scuba Discovers
- Pet Bath-Atlantic Island Kennel
- 50€ Gift Card O Garça Restaurant
- Birthday Package (ODR)
- \$100 Sports Zone Gift Card
- Flea Market Table
- \$25 TORC Gift Card

Here's How it Works:

- 1. Log on to www.lajesfss.com and click on the SummerOuest banner.
- 2. Answer the FSS-related riddle from the possible answers on the drop down menu.
- 3. Answer the bonus question for a chance to win the grand prize.
- 4. The computer will randomly select the winners from those with the correct answers.
- 5. The game is played every two weeks through September 1.
- 6. Even if you win, you can play every two weeks!



Force Support Squadron Week September 1

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PLACES TO GO

Call **Outdoor Recreation**, 535-4140 for reservation information on these trips:

SERRETA LAGOINHA TRAIL

Saturday, July 14, 10 a.m. \$10/person. Experience the great outdoors, see landscapes dotted by junipers, laurel heathers and volcanic cones. 7 km; medium difficulty; 2.5 hours long. Minimum age is 8yrs.

TROLLING TRIP

Sunday, July 15, 8 a.m. \$72/person. Targeted species: Barracuda, Bluefish and Atlantic Bonito.

BASIC GOLF CLINIC

Saturday, July 14, 3 - 4:30 p.m. FREE! Meet at Outdoor Recreation. Courtesy of ODR.

GEOCACHING TOUR

Saturday, July 14, 9 a.m. FREE Geocaching is an outdoor treasure hunt that combines hiking and exploring, using a hand-held GPS to locate treasure caches.

BOAT TRIP AROUND TERCEIRA ISLAND

Saturday, July 14, 10 a.m. \$77/person. Learn about volcanic eruptions at sea, coastal fortifications as well as the history of our local lighthouses. Sandwiches, chips, sodas and water are included.

A TASTE OF THE NORTHERN COAST

Saturday, July 21, 9:30 a.m. \$39.95/person, 5-12 yrs \$20. Travel to Biscoitos for a tour of the beautiful vineyards, winery and museum. Here you'll be treated to a tasting and a free bottle of the famed Verdelho wine. Next to a wood crafters shop and then a traditional church. A wonderful lunch tops off this tour.

SIGHT SEEING TO SPLIT ROCK

Saturday, July 21, 10 a.m. - 2 p.m. \$59/person. This trip takes you to Split-Rock and weather permitting, we'll embark on an inflatable dinghy and go inside the Split-Rock caves.

THINGS TO DO

BOWLING LUNCH SPECIAL

Tuesday - Friday, 11 a.m. - 1 p.m. Have lunch at the Lajes Park Snack Bar and get 2 FREE games of bowling! Shoes not included. Please show receipt. 535-6169.

INDIVIDUAL PERSONAL TRAINING SESSION FITNESS CENTER

1h \$36 - \$24 (E-4 & below); 2 sessions \$60 - \$36(E-4 & below); 4 sessions \$120 - \$72(E-4 & below)

Fitness Center 535-6126.

3 ON 3 BASKETBALL & LAJES ATHLETE OF THE YEAR

Saturday, July 21, Register by July 18. Fitness Center, 535-6126.

DOLLAR DAZE-Bowling Center

Every Wed. & Sun.

\$1 Games - Each game bowled earns a chance to win one of our FANTASTIC Prizes:

Lajes Prizes: Apple iPad & Toshiba Thrive USAFE Grand Prize: Paid Vacation to Germany USAFE 2nd Prize: \$500 535-6169.

FAMILY BOWLING

Sundays 12 - 7 p.m. All you can bowl for \$7/person every Sunday. Includes shoe rental and 2 hours of bowling, 535-6169.

FUNTHINGS TO LEARN

Call Arts & Crafts to sign up for these classes at least three days prior to class, 535-3909:

KIDS' CRAFTS DAY FREE!!

Saturday, July 14, Ages 1-5 10:30 – noon. Ages 6-9 noon - 1:30 p.m., reservations required for both classes.

METAL EMBOSSING

July 18 & 19, 5:30 - 7:30 p.m. \$25/person. Materials provided.

PORTUGUESE COOKING - FISH ALCATRA

July 19, 5:30 - 8 p.m. \$15/person. Learn the recipe and Alcatra cooking techniques. Then enjoy your meal.

Force Support Squadron Week Periods

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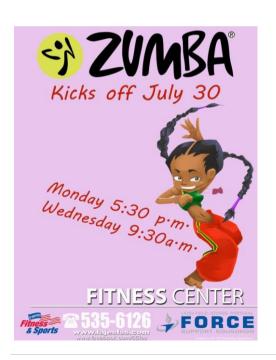
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BEGINNER CROCHET CLASS

July 24 & 25, 5:30 - 7:30 p.m. \$15/person. You are invited to tip in, experiment and apply.

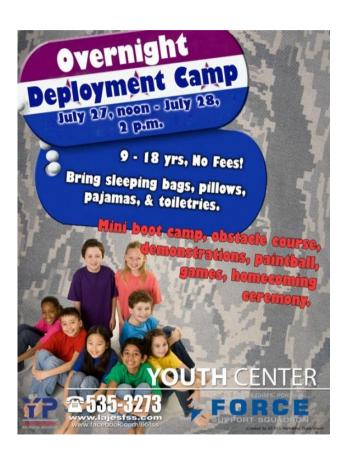
Deadline to sign up is 3 days before the class. Minimum and maximum number of participants apply to all.

YOU DON'T NEED TO KNOW HOW TO DANCE TO ZUMBA!!



YOUTH & FAMILY





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Free T-shirts & giveaways.

AIRMAN & FAMILY READINESS

COUNSELING

Child and Youth Behavioral Military and Family Life Consultant, (CYB-MFLC) 969-651-065 and Military & Family Life Consultant (MFLC), 967-435-590 or 535-3529. Call 535-4138 to register for all workshops

MILITARY & FAMILY LIFE CONSULTANT

Are available to help service members, spouses, Military Family Life Consultant family members, children and staff address:

2535-3529

Deployment/Reintegration Support, Marriage and Relationship Issues, Stress and Anxiety,

Depression, Grief and Loss, Daily Life Issues.

Consultations are free and anonymous. No records are kept. (Exceptions to confidentiality include duty to warn cases and PRP disqualifiers.)

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MISSION BASED MARRIAGES (Presented by MFLC)

Friday, July 13, 3 - 4:30 p.m.

SLEEP, SLEEP, CALMING SLEEP (Presented by MFLC)

Thursday, July 19, Noon - 1 p.m.

Heart Link



Heart Link is an orientation program for military and civilian spouses. This program offers a day full of fun while learning about the Air Force's mission. customs, traditions. protocol support services and resources. The goal is to strengthen military and civilian families and enhance mission readiness.

Spouses are key to personal preparedness and mission

effectiveness.

Friday July 13 0830-1445

Hurry! This program fills up fast! **Call the Airman & Family**

Readiness Center @ 535-4138 to registeri

Meet new friends, the Lajes leadership all while having fun!



Giveaways, Games, Free Lunch. **Graduation Coin!**

VA BENEFITS TELECONFERENCE

Friday, July 20, 9 a.m.-1 p.m.

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JUMP START YOUR EDUCATION

${\bf HSBC\ MILITARY\ SPOUSE\ SCHOLARSHIP\ \&\ }$

UMUC Application Deadline: July 13

New HSBC Military Spouse Scholarship for new students or transfers enrolling for the first time in an undergraduate degree-seeking program at UMUC. For information go to: http://www.umuc.edu/students/aid/scholarships/otherscholarships/hsbc scholarship.cfm

COUNCIL OF COLLEGE AND MILITARY EDUCATORS (CCME)

Applications open: July 16 - Oct 1

CCME \$1000 scholarships to active duty/veterans and spouses working towards college degrees.

- CCME Joe King Scholarship (5 awards) to active, reserve or guard members
- CCME Spouse Scholarship (5 awards) to spouses of active, reserve or guard members
- CCME Veteran Scholarship (5 awards) to prior active, reserve or guard members

For more information go to:

http://www.ccmeonline.org/scholarships

UNIVERSITY OF OKLAHOMA

On-site fall course, *CORE* Theoretical Foundations, Sept 11-16. Add/Drop ends Aug 13. Contact Christina at: aplajes@ou.edu or 535-3171.

EMBRY RIDDLE AERONAUTICAL UNIVERSITY

Visit the ERAU office at the Education Center. Enjoy our many different class modalities that adjust to your preferences and needs. ERAU has more than 90 military

locations to support you on the road to your academic success! For more information contact Romi Newman at 535-3375 or e-mail ecaz@erau.edu.

UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE

For online class schedule see to http://www.ed.umuc.edu. Contact Scott at 535-4187 or scott.erwin@umuc.edu.

CENTRAL TEXAS COLLEGE

Contact Paul at 535-6722 or <u>lajes@europe.ctcd.edu</u> See http://online.ctcd.edu/schedule/schedule.cfm for online class schedules

SEPARATING / RETIRING?

See your Education Advisor for information to help with planning your education.

VA EDUCATION BENEFITS – TRANSFER to SPOUSE /DEPENDENT

You have an additional 4 year commitment to serve if you wish to transfer your Post 9/11 Education Benefits to your spouse and/or dependents. Act early while you still have the time on AD, Call 535-3355 for information.

NATIONAL TEST CENTER

The NTC offers computer-based exams: CLEP, DSST (including Speech), Excelsior and PearsonVue (professional licensures and certifications). Mon, Wed and Fri 8:30 a.m and 1:30 p.m. To schedule, call Scott at 535-4187 or

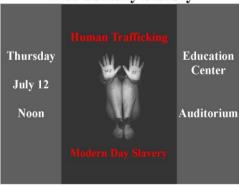
e-mail Joe at <u>ntclajes-europe@umuc.edu</u>. For study material, call Darlene at 535-3355.

SOAR

SOAR packages due at USAFE on Sep 1. Members interested in applying should go to http://www.au.af.mil/au/holmcenter/AFROTC/EnlistedComm/SOAR Apply.asp



21st Century Slavery



Presented by

Dr. Shannon Bert, OU Professor

This brief seminar will provide tips and strategies to combat human trafficking

Everyone is invited!

Drinks and snacks provided

Contact: aplajes@ou.edu or 535-3171 with questions or for details

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NAF JOB OPPORTUNITIES

Nonappropriated Fund positions are available to US military, US Civilians, their spouses and dependents on command sponsored orders. All applicants must be US citizens or citizens of a NATO country. Applicants must be 18 and over. All positions require background checks.

Child and Youth Program Assistant (Before & After School Program)

CY-01/02/03, Youth Center (T-240) Part-time Vacancy closing date: Open until filled.

Marketing Assistant-Graphic Artist (Videography and video editing highly desired)
NF-II,\$8.71 + DOE (Depending on experience)
Flex Position, no guaranteed hours or benefits
Vacancy closing date: Open until filled.

For more info: http://www.lajesfss.com/Human-Resources-Office.html
To apply go to www.nafjobs.org or call HRO, 535-6582 or go to Bldg T-112, Room 203. 535-6582



PAW PRINTS

DOGGY PLAY DAYS

Every Saturday, 10 a.m., the SFS softball field. Big/rowdy dogs come out to play the first, third, and fourth Saturday. The second Saturday is reserved for small (under 20 lbs or not hyper/fast moving) dogs. Water and doggy bags are provided. 535-3855.

TIP—See your doggie dentist (cats too).

Everyone knows the importance of brushing your teeth and getting them cleaned annually, but did you know your pets need their teeth brushed and cleaned as well? Dogs and cats get plaque, or calculus on their teeth. If you look in your pet's mouth and see dark green or brown discoloration near the gums, this is the calcification. Feeding them soft food and not enough hard crunchy food, treats, or bones can add to the problem. Some pets are simply pre-disposed to have bad teeth. Typically, older cats and small dogs are affected the most. It isn't only a matter of brushing with a toothbrush and special toothpaste though. At least once a year, animals with bad teeth should be taken to a veterinarian. There, they will be administered anesthesia so the vet can go in and thoroughly remove the plaque buildup on teeth. It is important to monitor your pets' teeth frequently. Gum disease and plaque can lead to tooth decay, tooth loss,

kidney disease, blood poisoning, and death. Please contact the on base vet clinic for more information.

This tip brought to you by the caring people at Atlantic Island Kennel.

I'm Pearl and I FOUND A HOME. Thank you everybody!!!



Scroll for YUMMY TREATS

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YUMMYTREATS



Chicken Wrap
Grilled or Fried Chicken, Lettuce, Ranch and
Cheese, wrapped in a Honey Wheat Tortilla
w/Krinkle Kut Fries & Drink



OCEANVIEW GRILL
JULY SPECIAL



OCEANVIEW GRILL PARTY SPECIAL



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